

High-dose flu shots for members 65 and older.

Get your no-cost shot today



A flu shot can reduce your risk of going to the doctor with flu-related illness by 40% to 60%.* And the high-dose shot helps protect adults 65 and older from flu-related health problems, like pneumonia.

Don't wait – get a high-dose shot at no cost while you're here.



For more information, visit kp.org/flu or ask a Kaiser Permanente team member.

*"What are the benefits of flu vaccination?" cdc.gov, accessed June 27, 2024.

kp.org/flu

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